

FLOTILLA

PREPARATION GUIDE

Below you will find a helpful guide on what to bring for your flotilla sailing experience, along with useful tips to ensure you are well prepared.

CLOTHING



For the sailing trip, participants should be properly prepared with practical clothing suitable for changing weather conditions at sea. Even when the weather is warm, wind and sea spray can make it feel colder on board, so dressing in layers is recommended.

Participants should bring **light quick-dry clothes, thermal base layers, a fleece or warm mid-layer, a windproof jacket, a waterproof jacket, waterproof trousers if available, sailing gloves, a beanie, a sun hat, thermal socks, extra dry socks and swimwear.** Footwear should be safe and suitable for moving on board. **Non-slip shoes, shoes with white or non-marking soles, or sailing shoes** are recommended.

PERSONAL ITEMS



Participants should bring the personal items they may need during the sailing trip, **such as sunscreen, lip balm with SPF, personal toiletries, personal medication, a reusable water bottle, phone charger, power bank, dry bag and waterproof phone case.**

SLEEPING & COMFORT



Sheets, towels, pillowcases and basic bedding are provided on board for all participants.

If you prefer extra comfort, you may also bring your **own sleeping bag** or a light blanket.

Storage space on board is limited, so please choose compact and practical items.

WHAT TO AVOID

- **Hard suitcases.** Please use soft bags or backpacks
- Too many clothes or bulky items.
- Expensive jewellery and unnecessary valuables.
- **Do not forget your passport or ID**
- Do not forget your sailing license

USEFUL EXTRAS

- **Dry bag** (to keep valuables safe and dry)
- Waterproof phone case
- Power bank
- **Snorkeling gear** (optional but recommended)
- **Small backpack** for daily trips
- Swimwear

GENERAL TIPS

- Pack light and practical.
- Use soft luggage instead of hard suitcases.
- **Be prepared for sun, wind and sea spray.**
- Keep your personal items organised.
- Always follow the skipper's safety instructions

*Please note that the above items are indicative and may vary depending on personal needs and weather conditions.